Naam	100m	200m	300m	400m	500m	600m	700m	800m	900m	1000m	eindtotaal
	01:52	03:59	06:10	08:20	10:38	12:53	15:10	17:24	19:45	21:56	
Paul Quelle											21:56
	01:52	03:57	05:56	07:58	10:04	12:02	14:08	16:11	18:15	20:13	
Bart v/d Heijde											20:13
	02:07	04:21	06:37	08:56	11:17	13:34	15:53	18:12	20:30	23:47	
Anneloe Rijpkema											23:47
	02:05	04:20	06:32	08:43	10:57	13:12	15:20	17:37	19:55	22:08	
Marcel v Ras											22:08
	01:59	04:12	06:17	08:20	10:23	12:30	14:36	16:43	18:49	20:42	
Martijn v/d Lee	01:59	02:13	02:05	02:03	02:03	02:07	02:06	02:07	02:06	01:53	20:42
	01:53	03:53	05:56	08:02	10:03	12:07	14:14	16:20	18:27	20:30	
Cordy Pittens											20:30
	02:20	05:22	08:42	11:42	14:36						
Roderick Baart											
	02:05	04:23	06:44	09:06	11:28	13:51	16:17	18:32	21:00	23:12	
Arno Wemmenhove											23:12
	01:49	03:47	05:50	07:52	09:53	11:55	13:55	15:59	18:00	19:57	
MoniQue Ulijn											19:57
	01:32	03:17	05:04	06:51	08:36	10:20	12:05	13:51	15:37	17:20	
Erik Panhuizen											17:20
	01:46	03:39	05:31	07:25	09:19	11:14	13:09	15:03	16:57	18:47	
Paul v/d Linden											18:47
	01:44	03:37	05:31	07:25	09:19	11:15	13:09	15:04	16:59	18:56	
Jeroen Ulijn											18:56
	01:30	03:06	04:42	06:20	07:58	09:36	11:14	12:53	14:32	16:08	
Fleur Kalberg											16:08
	02:16	04:28	06:44	09:03	11:21	13:38	15:36	18:11	20:29	22:41	
Daniel Janssen											22:41
	01:27	03:03	04:41	06:20	08:00	09:39	11;20	12:59	14:39	16:17	
Stephan v/d Vossenberg											16:17
	01:21	02:49	04:22	05:50	07:16	08:45	10:12	11:40	13:05	14:27	
Paul v/d Heuvel											14:27

	1;30	03:10	04:52	06:32	08:16	09:56	11:38	13:20	15:00	16:38	
Wendy v/d Ven											16:38
	01:40	03:28	05:16	07:05	08:52	10:40	12:29	14:15	16:03	17:44	
Bjorn Hanegraaf											17:44
	01:20	02:59	03:20	05:30	07:23	08:55	10:25	11:58	13:30	15:00	
Max v Vught											15:00
	01:27	03:07	04:50	06:26	08:24	10:08	11:55	13:44	15:33	17:20	
Richard v Wissen											17:20
	01:45	03:38	05:30	07:26	09:21	11:10	13:00	14:49	16:40	18:25	
Ron v/d Water											18:25